



**CONGRESO**  
Strengthening Latino Communities



# ENHANCING PARENTING PROGRAM

A parenting program designed under the evidence-based *Nurturing Parenting* curriculum and trauma informed care, with a mission to support and empower us parents as we navigate child-rearing.

**For Registration: Text the word "parenting" to 215 914 3755**

# PROGRAM SUPPORTS

1

**gift card for  
completing the  
program**

2

**DHS approved  
certificate**

3

**Family activities  
mail outs**

4

**Referrals to  
Agencies**

5

**Raffles**

6

**Guest speakers  
on specific  
topics**

7

**Updates on  
Family oriented  
community  
happenings**

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## EVERY WEEK A DIFFERENT TOPIC:

- DISCIPLINE TECHNIQUES
  - COMMUNICATION TIPS
  - FINDING OUR OWN PARENTING STYLE
  - TALKING TO OUR KIDS ABOUT SEXUAL SAFETY
  - HOW TO HELP OUR KIDS PROCESS STRONG EMOTIONS
  - ...AND MORE
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